





Ebola Awareness

Toolbox Talk

March 2014

Disclaimer: This awareness talk has been developed for educational purposes only. It is not a substitute for professional medical advice. Should you have questions or concerns about any topic described here, please consult your medical professional.



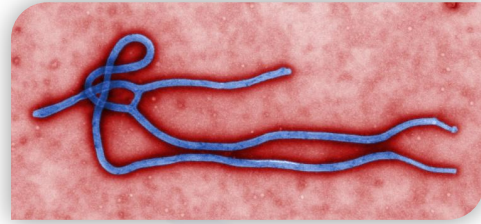
Worldwide reach Human touch

© 2014 AEA International Holdings Pte. Ltd. All rights reserved.
Unauthorized copy or distribution is prohibited.



EBOLA

WHAT IS IT?



Ebola is caused by a virus.

- Causes a severe illness, with bleeding
- Up to 90% will die
- No vaccine, and no treatment are available
- Many people can quickly become infected





EBOLA

HOW DOES IT SPREAD?

Sick people can spread this disease to others

- People in direct contact with sick people are at highest risk:
 - Family members
 - Healthcare workers



Dead bodies can also spread the disease. **BE CAREFUL**

- DO NOT wash, touch or kiss dead bodies
- DO NOT wash hands in the same bucket as other who have touched the body



EBOLA SYMPTOMS

What does Ebola
feel like?





EBOLA

EARLY SYMPTOMS

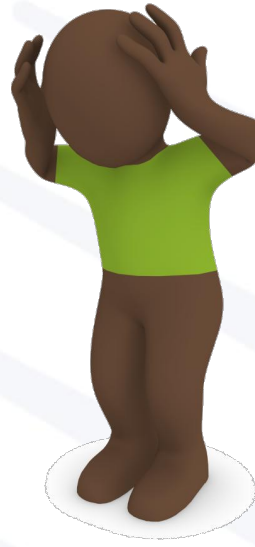
Symptoms can start within **two days** of contact with an infected person or body



FEVER



TIREDNESS



HEADACHE

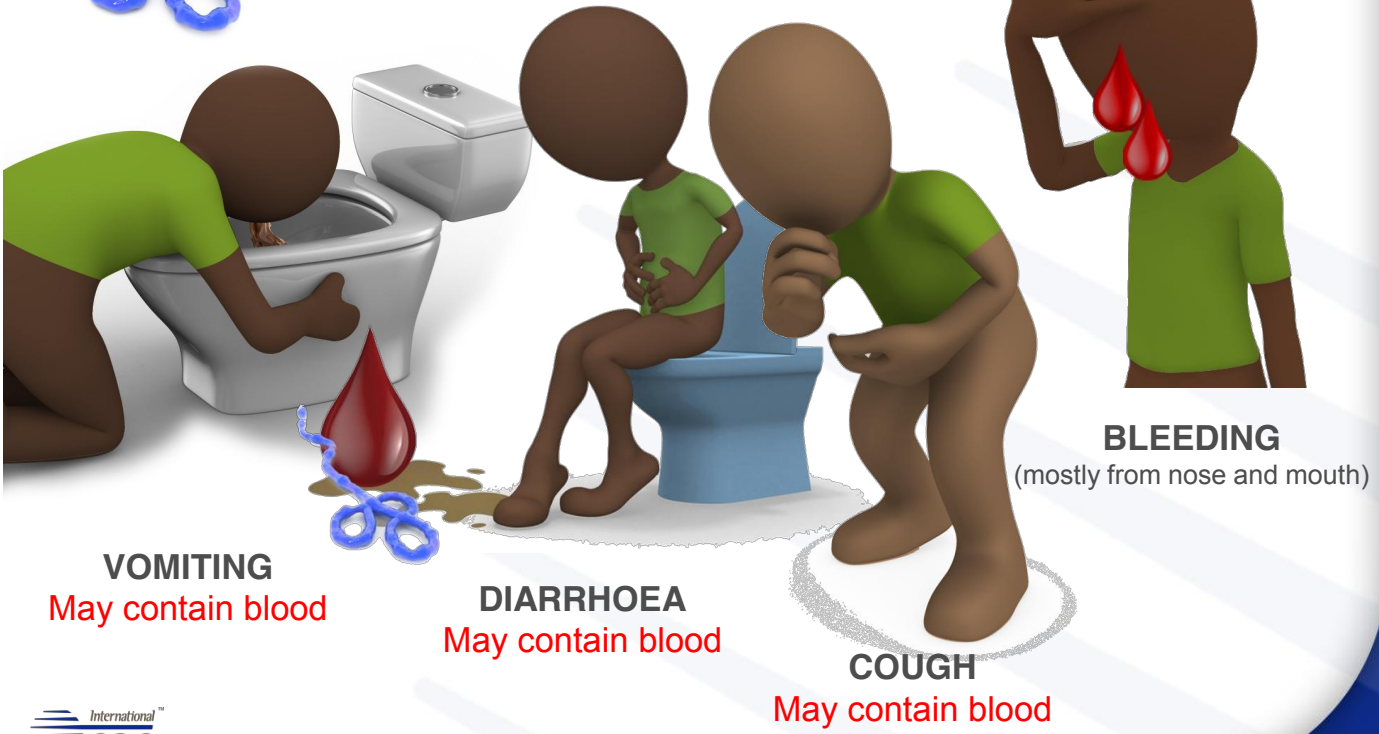


NAUSEA



EBOLA

LATER SYMPTOMS



VOMITING
May contain blood

DIARRHOEA
May contain blood

COUGH
May contain blood

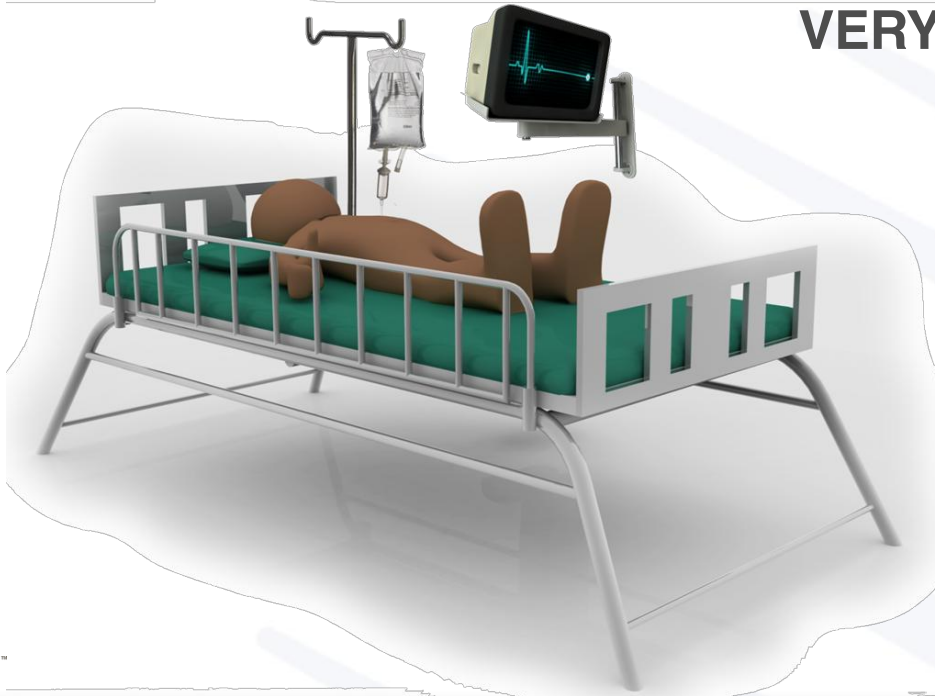
BLEEDING
(mostly from nose and mouth)



EBOLA

LATER SYMPTOMS

YOU CAN
BECOME
VERY SICK



Worldwide reach Human touch



EBOLA
DEATH IS COMMON

MOST PEOPLE WITH EBOLA DIE





EBOLA PREVENTION

How NOT to catch
Ebola?





EBOLA
DON'T CATCH IT!



YOU CAN CATCH
EBOLA FROM
SOMEONE WHO IS
SICK OR
DEAD



KEEP AWAY.....





EBOLA

DON'T TOUCH!

Do not touch an infected person or their body fluids



BLOOD



VOMIT



**FAECES OR
DIARRHOEA**



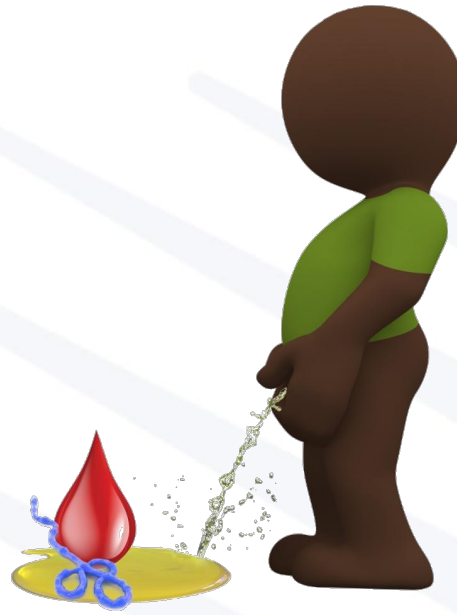
EBOLA

DON'T TOUCH!

Do not touch an infected person or their body fluids



BODY FLUIDS

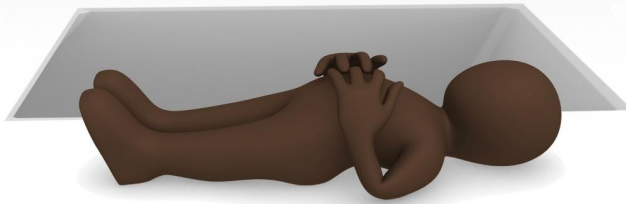


URINE



EBOLA

DON'T TOUCH!



DEAD BODY

Dead bodies carry the virus. Bury carefully. Keep away.



EBOLA PREVENTION

WASH YOUR HANDS OFTEN
Use SOAP





EBOLA PREVENTION



**EBOLA is in animals and bats too.
DO NOT touch or eat "bush meat"
or bats**





EBOLA

WHAT TO DO!

If you get sick





EBOLA

WHAT TO DO

If you develop these symptoms...



FEVER



TIREDFNESS



HEADACHE



NAUSEA



VOMITING

May contain blood



DIARRHOEA

May contain blood



COUGH

May contain blood



BLEEDING

(mostly from nose and mouth)





EBOLA

WHAT TO DO



Call your medical centre and tell them about your illness

Listen to the advice. You may be sent to a special hospital

Keep away from others so they don't get sick

Be especially careful of your vomit and diarrhoea